\$1.00



8TH EDITION MARCH 20, 2022

### CITY OF HANOVER NEWSLETTER

### !!IMPORANT ANNOUCEMENT FOR2022 SUMMER BALL AND POOL!!

The city currently has had no applicants for the pool or ball fields as of the March 23rd meeting. At that meeting, the council made the decision of April 13th as a firm date for all applications to be submitted. If at the April 13th meeting, there are still no applicants the City will be forced to close the pool, ballfields and concession for the 2022 summer.

For teams to play on the ball fields they will be responsible for preparing the fields for usage for games and practice. If you know of anyone interested in being a lifeguard, pool manager, ballfield manager or concession stand please contact the city office at 785.337.2261.

THE CITY OF HANOVER IS NOW HIRING FOR SUMMER JOBS—INCLUDING POOL MANAGER, BALL FIELD MANAGER, CONCESSION STAND MANAGER, LIFEGUARDS, AND SUMMER MAINTENANCE HELP!!

NOW

APPLICATIONS CAN BE PICKED UP AT THE CITY CLERK OFFICE OR PRINTED FROM THE CITY WEBSITE!! Office Hours M-F 8:30pm-4:00pm City Website: https://www.cityofhanoverks.com/jobapplications/

Call to make other arrangements if times do not work!!

\*\*APPLICATION DEADLINE IS <u>APRIL 13, 2022</u> <u>BY 4:00PM!!</u> Dropbox available if dropping off application after 4:00pm\*\*

Applications will not be accepted after this date!

The city has noticed that vehicles have been driving on the grass on city property. The city aims to keep the grounds maintained and kept up. This is a notice to all citizens that it is a crime to destroy city property or any landowners property. Please take this as a notice that the city is aware of the issue and if the person or persons that have committed this act or any future acts will be punished by the full extent of the law. Let's all keep Hanover beautiful and respect one another's property.

City Website: www.cityofhanoverks.com

City Facebook Page: www.facebook.com/CityofHanoverKansas

JARED M SEDLACEK PRESIDENT OF COUNCIL **KIM LOHSE COUNCIL MEMBERS** NICK ROHR SCOTT JUENEMAN DON SPENCER NICK GARBER **CITY CLERK KATLIN BRUNA** STREET COMMISSIONER TIM KOSS WATER COMMISSIONER SCOTT WIEDEN **CITY OFFICE HOURS** MONDAY-FRIDAY 8:30AM-4PM **CITY OFFICE NUMBER** 785.337.2261 SHOP OFFICE NUMBER 785.337.2591 Hanover Public Library Hours Tuesday: 12pm-5pm Wednesday: 8am-1pm Thursday: 12pm-5pm Saturday: 8am-1pm

MAYOR

Hanover Public Library Phone

785.337.2424

City of Hanover Office 201 S Railroad St. PO Box 416 Hanover KS 66945

### **Hanover City Council**

Upcoming Council Meeting

 $\Rightarrow$  April 13, 2022 at 6:00pm

 $\Rightarrow$  May 11, 2022 at 6:00pm

 $\Rightarrow$  June 8, 2022 at 6:00pm

### **Building Rentals in the City of Hanover**

- $\Rightarrow$  Community Building: Contact the City Office, 785.337.2261
- ⇒ Old City Hall Basement: Contact the City Office, 785.337.2261
- ⇒ Firehouse Meeting Room: Contact the City Office, 785.337.2261
- ⇒ Kloppenberg Center: Contact Marilyn Morgan, 785.337.2741
- ⇒ Hanover Legion: Contact George Stohs, 785.337.2775 OR Dustin Minge, 785.629.0021

### City Office will be closed the following days

- $\Rightarrow$  March 28-31, 2022—Conference
- $\Rightarrow$  April 14, 2022
- $\Rightarrow$  April 15, 2022—Good Friday
- $\Rightarrow$  April 19, 2022

\*\*If there is a day that the city office will be closed and is not listed above, there will be a notice on the door of the office, Facebook, and sent out via City text!\*\*

### **City Project Updates**



 $\Rightarrow$  Project is COMPLETE.

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THE CITY OF HANOVER COUNCIL IS HAVING A PUBLIC MEETING ON APIRL 13, 2022 AT 5:30PM AT THE COMMUNITY BUILDING TO ANSWER ANY QUESTION AND/OR CONCERNS ABOUT THE PROJECT!

# HANOVER DAYS OF '49 JUNE 23-25, 2022

The Hanover City Council meeting was held February 9, 2022, at 6:00pm in the meeting room at the Firehouse at 201 S Railroad Street Hanover KS 66945.

Mayor Jared Sedlacek called the City of Hanover council meeting to order at 6:00pm. Council members present were Kim Lohse, Nick Rohr, Don Spencer, Scott Jueneman, and Nick Garber. Employee's present were Katlin Bruna, Scott Wieden and Melissa Minge. Guests included Shawn Minge, Fire Chief, and Brandon Benkendorf.

#### 1. Treasurer Report

a. Don made a motion, seconded by Nick G to approve the monthly treasurer report. Motion carried.

#### 2.Expenditures

- a. Nick R made a motion, seconded by Kim to approve the monthly expenditures. Motion carried. 3. Minutes
  - a. Kim made a motion, seconded by Don to approve the previously months minutes. Motion carried.
- 4. Delinquent Utility Bills
  - a. The council reviewed the delinquent utility bills, and the council made the decision at the beginning of winter to have no shut off during the winter months; but if delinquent utility bills are not paid by March 20, 2022, utilities will be shut off until further notice with a \$50 reconnect fee.
- 5. Shawn Minge, Fire Chief
  - a. The fire department officers met to review the code book regarding fire and Fire Chief would like to come to the next code workshop to go over the changes with the council; the charger on the newer fire truck was fixed and the council will be receiving a invoice for that totaling \$800; there were no calls last month; utilities for the Firehouse will start coming out of General rather than Fire; there are 7 firemen that need to renew their CPR certification; the CPR class will be paid for in full from the Fire budget.

### 6.Brandon Benkendorf

- a. Brandon came in to discuss a water leak he had at his home recently. He explained with the location of the water leak, he had no idea it had been leaking until the city office called him after reading meters and noticed the high usage. Brandon, the city, and Hanover Electric searched for the leak for several hours; finally finding it in a small crawl space in the basement.
- b. After discussion, Nick R made a motion, seconded by Don to take \$550.00 off of the Benkendorf's water bill. Motion carried.

- 7. Street Department
  - a. Summer Help: the city clerk will be putting up flyers with information about summer help and when applications are due.
  - b. Nick R made a motion, seconded by Don to approve the purchase of 2 loads of 1.5-inch rock for East St by the Catholic Cemetery Driveway. Motion carried.
  - c. The council discussed the repairs for the grader and the estimated cost from OK Service that was a rough estimate of \$17,200; but that estimate could go up depending on part cost and if parts can be found. Tabled.
  - d. Communications headsets are tabled to further do some research.
- 8. Water Department
  - a. The council discussed the water and sewer rates. Tabled to gather more information.
  - b. The council discussed the proposed ordinance regarding water meters. Tabled to make changes.
  - c. Nick R made a motion, seconded by Don to sign and move forward with the plans for the sewer lining project. Project will be done by Mayer. Motion carried.
  - d. The council discussed the sewer manhole project on East Street. CES is still waiting to here from the state on approval.

### 9.Council

- a. Nick R made a motion, seconded by Don to go into executive session for non-elected personnel at 7:45pm for 5 minutes. Motion carried.
- b. Nick R made a motion, seconded by Don to come out of executive session at 7:50pm with no decisions made. Motion carried.
- c. Nick R made a motion, seconded by Don to add that any PTO hours that cannot be carried over to the next year will be paid to the Attachment B of the employee's benefits. Motion carried.
- d. Nick R made a motion, seconded by Kim to raise Scott W's wage to \$17.00/hour starting January 1, 2022. Motion carried.
- e. Nick R made a motion, seconded by Kim to go into executive session for non-elected personnel at 8:05pm for 5 minutes. Motion carried.
- f. Nick R made a motion, seconded by Nick G to come out of executive session at 8:10pm with no decisions made. Motion carried.
- g. Don made a motion with no second to raise Katlin's wage to \$15.00/hour.
- h. Scott made a motion, seconded by Kim to raise Katlin's wage to \$14.00/hour. Motion carried.

i. The council approved city clerk to go to the clerk conference in Manhattan March 15-18, 2022.

### Adjourn

Nick R made a motion, seconded by Kim to adjourn the meeting. Motion carried.

### Due to no quorum on March 9, 2022, the next regular meeting will be held on March 23, 2022 at 6:00pm.



# NEWS FROM THE



March is Breathe Better Sleep Better Month By Aubrie Schaefer, MSN, APRN, FNP-C

It's amazing what a good night's sleep can do for a person both physically and mentally. Experts at the Mayo Clinic recommend at least 7 hours of sleep at night for an adult. For most people, quantity of sleep can be controlled by making a conscious effort. Controlling the quality of sleep tends to be much more difficult.

There are several different types of sleep disorders, but for many people sleep apnea may be the culprit for a decrease in the quality of sleep. Folks at the Cleveland Clinic estimate that nearly 25% of adult men and close to 10% of adult women suffer from sleep apnea.

Sleep apnea has been found to cause more problems than just feeling drowsy the next day. When left untreated it can lead to hypertension (high blood pressure), stroke, cardiomyopathy (enlargement of the muscle tissue of the heart), irregular heart rhythms, heart failure, decreased libido, weight gain, diabetes and heart attacks.

### STOP BANG

(Answer yes or no for each question)

**S (snore)** Do you snore?

**T (tired)** Do you feel fatigued during the day? Do you wake up feeling like you haven't slept?

- O (obstruction) Have you been told you stop breathing at night? Do you gasp for air or choke while sleeping?
- P (pressure) Do you have high blood pressure or are on medication to control high blood pressure?

SCORE: If you checked YES to two or more questions on the STOP portion you are at risk for OSA.

**B (BMI)** Is your body mass index greater than 28?

A (age) Are you 50 years old or older?

**N (neck)** Are you a male with neck circumference greater than 17 inches, or a female with neck circumference greater than 16 inches?

**G (gender)** Are you a male?

SCORE: The more questions you checked YES to on the BANG portion, the greater your risk of having moderate to severe OSA.

# HANOVER HOSPITAL



### **Epworth Sleepiness Scale**

(Rate 0 – 3 for each scenario)

How likely are you to doze off or fall asleep in the situations described below, in contrast to feeling just tired? This refers to your usual way of life in recent times. Even if you haven't done some of these things recently, try to work out how they would have affected you. Use the following scale to choose the most appropriate number for each situation:

- o = Would never doze
- 1 = Slight chance of dozing
- 2 = Moderate chance of dozing
- 3 = High chance of dozing

Sitting and reading Watching TV Sitting inactive in a public place (e.g. a theater or a meeting) Sitting in a car as a passenger for a continuous hour Lying down to rest in the afternoon when circumstances permit Sitting and talking to someone Sitting quietly after a lunch without alcohol Sitting in a car stopped in traffic for a few minutes

SCORE: Add up your score for each scenario. 0–10 Normal range | 10–12 Borderline | 12–24 Sleepy

The biggest barriers that we have seen with our patients not wanting to be tested or treated for sleep apnea is the cost, spending the night in a sleep lab, and not wanting to wear a mask at night.

Cost: most insurances will help cover some of the cost of a sleep test, a Cpap machine and supplies

Sleep test: they can be done at home now! Easy! We'll help you figure out insurance!

Mask: there are different types of masks and finding one that fits and is comfortable is definitely do-able. Worried about how it looks? If you're getting a good night's sleep, it's worth it!

Please reach out to your health care provider if you score high on either of the tests, we'd love to help!







Contaia Brittni Ochmlar 785-337-2214 Joehinke@hunoverhospitallo.com Registered Nurse Day & Night

Certified Nurse's Aide All Shifts

Dietary Cook/Dishwasher

X-Ray/CT Tech



## LEMONADE STAND

May 6th

🕓 2pm-4pm

Front of Hospital Free Will Donation

Come visit with our Residents outside while enjoying a refreshing cup of Lemonade to help raise money for our Activity Fund! All proceeds will go to help pay for the activities throughout out the year!

For More Information Contact: Casrie Strunk at 785-337-6605

# April 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 State FBLA	2
3	4	5 HS Track @ Valley Heights	6	7 JH Track @ Washington	8	9
10	11 HS Track @ Washington	12 JH Track @ Frankfort	13 PUBLIC MEETING FOR QUESTIONS & CONCERNS ABOUT WATER PROJECT 5:30PM AT THE COMMUNITY BUILDING Council Meeting @ 6:00pm	14 CITY WIDE CLEAN UP City Office Closed	15 Good Friday! NO SCHOOL! CITY WIDE CLEAN UP City Office Closed	16 CITY WIDE CLEAN UP
17 Ceasler	18 NO SCHOOL!	19 HS Track @ Belleville JH Track @ Frankfort City Office Closed	20	21 HS Track @ Frankfort	22	23 HHS Prom
24	25 JH Track @ Valley Heights	26 HS Track @ Washington	27	28 HS Track @ Manhattan	29 JH Track @ Washington	30

## May 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 HS Track @ Freeman Invite JH BVL Track Meet @ Washington	3	4 Senior Send Off	5	6 HS Track @ Rock Hills Hanover Hospital ISB Lemonade Stand 2pm-4pm	7 State Forensics
8 Methezis	9	10	11 K-6 <sup>th</sup> Grade Track Fun Day City Office Closed	12 HS TVL Track Seniors Last Day!!	13	14
15 HHS Graduation	16	17	18	19 SCHOOL	20	21
22	23	24	25	26	27	28
29	30 ****** MEMORIAL DAY City Office Closed	31				

PLEASE CONTACT THE CITY OFFICE FOR

MORE INFORMATION FOR PRICE ON

ADVERTISEMENTS IN THE MONTHLY

NEWSLETTER



### STREET COMMISSIONER

\*COMPETITIVE SALARY

### \*EXCELLENT BENEFITS

### JOB REQUIREMENTS

\*THIS JOB WILL INCLUDE FULL RESPONSIBLITIES OF THE STREET COMMISSIONER'S DUTIES INCLUDING OBTAINING A WATER AND WASTEWATER CERTIFICATION ALONG WITH HELPING THE WATER COMMISSIONER ON A DAILY BASIS.

### ADDITIONAL REQUIREMENTS

\*MUST HAVE OR OBTAIN A CLASS B LICENSE

\*MUST HAVE OR OBTAIN A HAZEMAT LICENSE AND LIQUID TANK ENDORSEMENT

FOR MORE INFORMATION, PLEASE CONTACT THE CITY OFFICCE AT 785.337.2261 OR STOP BY DURING OFFICE HOURS (M-F 8:30AM-4PM)



Yorgensen-Meloan-Londeen Funeral Home

## Shane D. Lohse

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